

Creatine



Creatine is a supplement widely used in sports nutrition to enhance and improve physical performance during high intensity exercises. Creatine supplements are commonly used among athletes and bodybuilders to increase muscle mass and improve overall strength.

Benefits

- Used to enhance physical performance
- Increases muscle mass
- Increases productivity (energy)
- Aids in muscle protein synthesis

Applications

- Supplements
- Beverages (shake)

Product Name

Creatine Powder

Packaging

25kg per carton